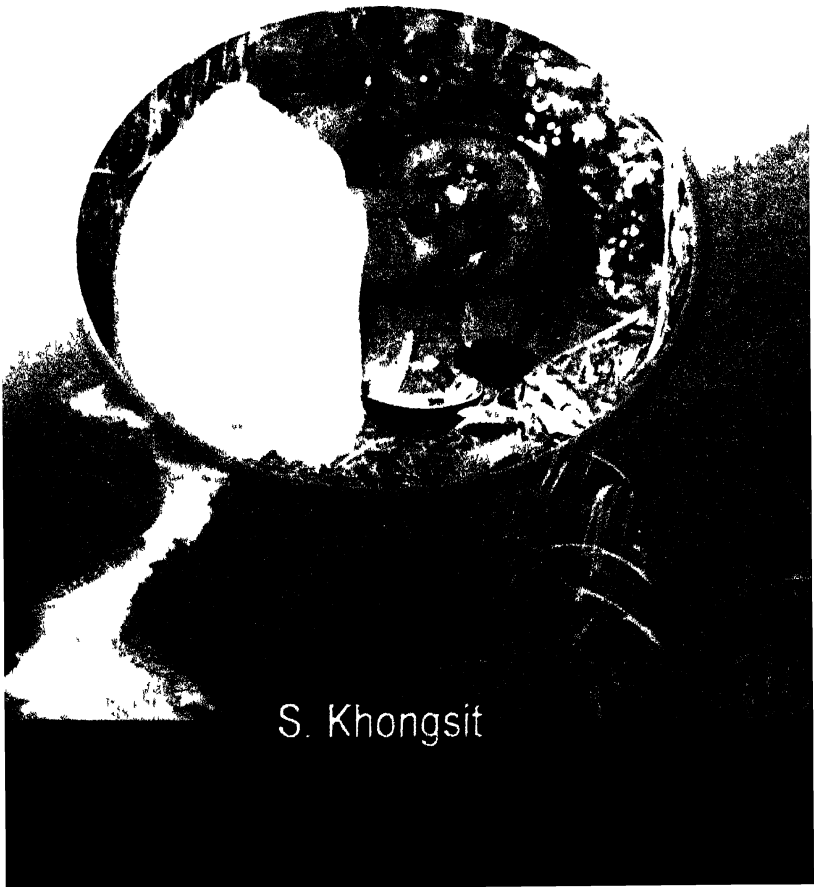


La sot na ka Marlang (Vol. VI)

KI KHLAW KI BTAP

bad

KA KAM RINGAP



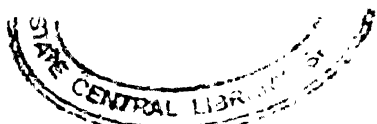
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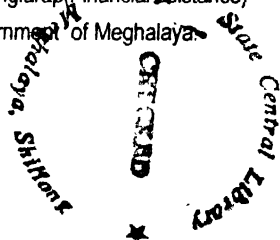
KI KHLAW KI BTAP BAD KA KAM RI NGAP



S.KHONGSIT

2012

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JINGSNGEWNGUH

Ha shwa ban thoh shaphang ka kam Ri Ngap, nga la lum jingtip na ki nongri ngap na ki bun tylli ki shnong na ki nyngkyndong. Don ki por kiba nga la leit ban sah miet bad ki bad nga sngew nguh ia ka jinglakloi jong ki ban pyllait por khnang bad khamtam ban ai lut ia ki jingtip kat kiba nga kylli na ki. Ka por ruh ka la iaid kumba shiphew snem naduh ba la sdang lum jingtip. Hangne ngan buh katto katne ki kyrteng jong ki kat kiba nga lah.

U ban Dek jait Ksing na Sohkynduh uba ri ngap haduh kumba 100 ksing. U bah Dwin Jait Shrieh uba la ai bniah ia ki ngap khlaw, Bah Si jait Majaw na Kongthong, bah Standford Syiemlieh Mawphu uba la ai jingtip ia ka kam ri ngap ha Khadhynnriew shnong, Bah Klar Singh, Bah Shat Sing Konglarn na Sohkhmi, Parad Rester Lyngdoh (ba la khlad) Na Mawsmat, Bah Kres Diengdoh, Bah Pro Khongsit, Bah Jebese Khongngain na kshaid, Ma Nodon Roy Khongsit na Nongthymmai, Bah Pron Nongrum na Mawlyndiar, Bah Brun Khongjoh na Nongryngkoh, Bah Helik jait Sohphoh na Nongmawjiej Umsohpieng, Bah Lerentis Khongsit (nongthied ngap na Khadarshnong), Bah Lapbor Lyngdoh, Rev. J.S. Thongni na Kensimphlang, Bah Hosking Lyngkhei na Jakrem, Bah Hajel Samati na Wahiajer, bah C. Lyngdoh na Sohryngkham bad bun kiwei kiwei kiba ngam iai lah kyrimaw lut, nga kyrpad kin um sngew ei ei lada la kum iaid lait.

Ka jingsngewnguh kaba khraw eh ia u Dr. T.M. Hynniewta, Bsc.(Hons), M.Sc., PhD, M.N.A.S.C., F.B.S., F.E.S., F.A.P.S., F.I.F.P.E., Scientist B.S.I. & P.I i/c, A.I.C.R.P.E. Project for N.E. India and DOCTORS (Ph.D.) Guide/Teacher of Guahati University, uba hapdeng ka jingbun kam, u la iarp ha kaba ai kyrteng Science ia ki syntiew ki skud baroh kiba nga la ioh ban lum na kylleng . Kane ka jingiarap ka jong ka la lora kaba kordor eh. Ngam lah ruh khlem da pynpaw ka jingsngewnguh ia ki paralok kiba la pynshlur ba ngan pynmib ia kane kot.

S. Khongsit

KI KTIEN LAMPHRANG

Kane ka kot “Ki khlaw ki btap bad ka kam Ri Ngap” ka long shibynta na ka jingthmu kaba nga angnud ban buh ha ki jingthoh ia ka **Spah Mariang**. Kaba U Trai Kynrad U la buh tyngkai ia ngi katne katne. Kawei pat nga kwah ban shon jur khamtam ha ki Samla ban pynjanai ia ka kam Ri Ngap kaba dei hi ka Mariang kaba ri ba dub ia u. Na ka liang ki briew ka long tang ban shu pynbit pynbiang ia ka jaka ba un shong. Nga kren da ka jingsngewshlur ba ka ngap Ri Khasi ka dei kaba bha tam ym tang ha ri India hynrei lehse wat ha ka pyrtnei shityllup.

Ha kane ka kot nga tip ba ki nongpule kin lap bun ki jingduna, khamtam eh kaba buh ia ka por puh bad ka rong jong ki syntiew ki skud. Ia ki dieng ka kham suk ban buh ia ka por puh Kum ka nuksa-ka phyllut japang ka sdang puh ha u April bad ha ka 31 tarik u bnai May ka la pynhap lut khoit ia ki puh. Hynrei ia ki nuit Lyiur ka eh than ban buh thik ia ka por. U Jakhain Pakhana u puh baroh shisnem katba u Jakhain Khasi u puh ha u August. Ka dieng Jalu ka puh bha ha Upper Shillong ha u bnai January katba ha Umrasun kaba ha Umsiang ka puh rheh ha u February.

Ia ki rong lei lei ka eh than ban ong thik, Ngi duk ktien ki ban ia biang sbiak. Ia ka tiew Lalyngngi nga ai ba ka puh stem. Ha ka jngshisha ki khaila iop-iop jong ka ki saw hoin-hoin bad ki phniang kiba kum u boitha ki sawjnumg mukmor, bad bun ia kiwei kiwei ruh phin lap kumta. Ha kane ka kot la shu shim ia ki rong kiba kongsan eh. Kumta nga kyrpad ia ki nongpule kin sngewlem ia kine ki jingeh.

S. Khongsit
“Shyna Diengiei Cottage
San Mer, Upper Shillong
The 17th May 2001.

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KA NGAP KABA NADUH HYNDAI

Napdeng ki jingbam baroh kiba u briew u tip, lehse ym don kiwei pat kiba kum ka ngap. Ka jingkordor jong ka naduh ki hajar snem mynshwa ka dang iai neh kumjuh haduh mynta. Sa kawei shuh shuh ka pynlong ia ka ngap kum ka jingbam lahduh, ka dei namar ba la niew kor ia ka ha ki por baroh bad ha ki ri baroh. Ka long ruh kaba la niewkor da baroh u khun bynriew shisnieh pyrthei.

Ki Greek ki don ka jingiathuh khana shaphang u ngap ia kaba la iathuh da u Aesop. Ha kane ka jingiathuh khana la ong ba ha kawei ka sngi, u ngap u la leit ai sngewbha da ka ngap kaba bha tam ha u blei Zeus. Kane ka la pynsngewbha haduh katta katta ia u kat haduh ba u la khlei la ka juban lak, ba un ai kano kano ka jingpan. U ngap mar kumta u la ong "Ai da ka sni, khnang ba ngan ioh kynthah ia uno uno uba wan tuh ngap". U blei Zeus u la sngewsih ba u pan kum kane ka jingpan. Hynrei jait ba u la kular, u La ai ryngkat kine ki kyndon ba tang shu kynthah sni iano iano un iap artad.

Napdeng ki nong ri ngap kiba la rim tam ha ka pyrthei lehse ka dei ki Israel. Ngi lap ha ka jingthoh, ba ki pynlong ia u ngap kum uwei na ki jingri kiba myntoi.

Hapdeng ka jait bynriew Israel, ki niew ba ka ngap ka long kaba bit nam ban ai sngewbha ia ki syiem bad ki nongiathuh lypa. U Jacob u la bthah ia la ki khun ba kin rah kum ka jingai sngewbha sha u nongsynshar ka Egypt da ka ngap Gen. 43:11. Ki nong Gilead ki leit lam ka ijngai sngewbha ia u syiem David da ka ngap 2 Sam 17:29, U Jeroboam ula phah ai ka jingai sngewbha sha u Nongiathuh lypa Elijah shiklong ka ngap. 1Syiem. 14:3 Ka long ruh kaba sngewphylla ba ia ka ngap ki pynlong kum kawei ka bynta ka jinganguh

ha ka Templ. 2 Khro. 31;5, U Samson u leit ai sngewbha ia la ki kmie ki kpa da ka ngap Nongb. 14:9.

Ka long kaei kaei kaba sngew tynnad ban pyrkhat, hapdeng jong ki Israel, ki la tip ruh naduh hyndai ia ka ngap ba ka long ka dawai Prob. 16:24

Haba pule ia ka history ka jingim jong u ngap, bad, ia kiwei kiwei de ki jingpynlong ha ka mariang, ka pynkynmaw ba ki jingkylla ki iai jia ha ka jingim bad ka rukom im jong u briew katkum ka jingkylla jong ka por. Hynrei ki jingpynlong jong u Blei, ha ka mariang ki iai bat skhem ia la ka jinglong tynrai bad jingim kumba la buh ia ki.

Ka jaka shong jong u ngap naduh ki hajar snem ka dei ha ki tyngkhap maw, mawsiang bad ha ki dieng. Ha ka Bible la iathuh ia kane. Deu. 32:13, Salm 81:16. U Jonathan u khun jong u sylem Saul ha ki jingleit ialeh thma, haba la lap ka thngan u la iohi ia u ngap ha u soh (shong) ha u dieng, u la shim da u dieng bad tyndung ba un pyntuid ia ka um ngap 1 Sam 14:27. Haba ngi buddien ia ka jingim jong u ngap, ngi shem ba haduh mynta ruh ki ju pynap ia ki sympa jong ki ha ki sympa ba la sam ha ki dieng, kiba la shna ha ki tyngkhap maw bad ki tyngkhap mawsiang

Ia ka ngap la ju kren ruh ba ka ieng na ka bynta ka jingkyrkhu, ka jingdap kyrhai. Kumta ha ka Bible ngi shem ba la kren ia ka ri kaba tuid da ka dud bad ka ngap. Exo. 3:8. Hapdeng jong ka jaitbynriew Khasi, ruh ki kren ha kajuh ka jingmut ka jingiapher ka long ba kim shym ong ka dud bad ka ngap, hynrei ki ju ong ka ri u ngap u lwai.

Sa kawei shuh shuh kaba sngewtynnad ban pyrkhat ka long kane. Hapdeng u Khasi, haba wan rung u ngap ha iing, ki niew ba ka dei ka dak kaba bha ki ju ong ba u wan rah khubor. Ki ju pdiang ha ki sla kti ba un dem ha kaba ong

artad: - “Ngap-ngai ngap-ngai”. Kumta ki shim ba u ngap hi um ju wan rah ia ka khubor kaba sniew. Hynrei tang kaba bha suda.

Ia ka jingslem ka kam ri ngap ha ri khasi ym lah lap syrwet, naduh mynno ki briew kila sdang ban ri ngap. Kaba ngi thikna ka long ba ka dei ka jingtrei kaba naduh hyndai eh. Kawei na ki jingshisha kiba pynphalang ia kane, ka dei ka jingpyndonkam ia ka jingdiang kaba ki buh ia ka um ngap. Ka jingpyndonkam jong ki ia ka tyndong siej ha kaba thep um ngap. Kine ki tyndong ki long kiba heh, kiba ha ka jingheh ka long haduh san ne hynriew inshi (diameter)) bad ka lah ban ngiam kumba shi khiew rit ka ngap (ka tyndong kaba shipung). Kawei pat ka tiar buh um ngap ka dei ka Wahdiang. Kane ka dei ruh kaba la thain bha, bad tap da ka pling lane pnur jri. Ia kane ruh ki pyndonkam tha kaba thep um ngap bad leit die sha iew Ia kane ka ruh thep um ngap, dang lah ban lap haduh mynta-mynne. Ka jingpyndonkam ia kitei ki tiar ka dei ha kito ki por kiba ym pat don ki tin lane ki khiew ha kiba kin thep ia ka um ngap.

KI JAIT NGAP (HONEY BEE)

U ngap u dei na ka kynhun ki khniang kiba her. Kine ki don bun jait kynthup ia kiba rit bad kiba heh. Hynrei haba ong ia ki khniang kiba her, ka kynthup kyllum iar than. ka kyrteng ngap ka la biang ban sngewthuh lane kit jingmut tang ia kito ki khniang kiba kynshew bad buh ka um kaba thiang ha ki jaka ba ki shong kaba ngi jer ngap. Hapdeng U Khasi la ju khot kyllum ruh, u ngap u lwai. Ha ka kyrteng u ngap u lwai, ka la kynthup ia ki bun jait ki ngap. Nalor u ngap ba ri ha Ksing, la kynthup ia u lwai riat lane 'wai iong, u lwai tem ne 'waitem, u dkai, u ngap wieh, u Prap bad u nianglyndang lane niangkapun.

Kine baroh ki dei kiba shong ha ki khlaw ki btap, ki riat synrang, ki tyngkhap maw, ki dieng, ki thliew dieng bad hapoh khyndew etc. Naduh hyndai eh ki briew ki ri ia u ngap da kaba ki kem na khlaw, bad ki ri ha ki ksing. la kane ka bynta ngin kham ia kren bniah ha kawei pat ka lynnong.

Ka long lehse kaba myntoi lada ngin ia peit khyndiat shaphang kitei ki jait ngap bad ia ki katto katne ki jingtip kiba kham kongsan shaphang jong ki.

U LWAI U don ar jait, u 'wai-iong lane u 'wairiat. Une u kham iong bad u juh ha ki riat bah riat san kiba don ki synrang kyndop. Une u jait lwai u sngewtynnad ban ia shong lang bun kmie (colony) ha kajuh ka riat. Ki ia shong ruh marjan marjan. Kum ka nuksa – Ha ka Riatsshrieh kaba ha shnong Kshaid, ha ki snem ba mynshwa. U lwai u ju wan man ka snem hapoh 15 haduh 20 kmie (colony) u wan ha ka por synrai bad shong haduh December. Ha ka Riat Wahlurshai ka riat kaba don marjan bad ka Riatsshrieh, u wan 7 haduh 10 kmie (colony).

U lwai iong u juh bha ha ki riat lane kshaid kiba don ha um ha syndah. Sa kawei shuh shuh u kham juh bha haba don ki dieng hajan. Na u lwai ngi ioh ka umlwai, u khun, ka ja bad ka bthing.

U 'WAITEM Une u jait lwai u juh ha ka dieng kaba kham dem (slanting) ki tnat, Ju lap ia u tang tang shi kmie (colony) katba lah ban lap, u waitem u soh ha ki dieng ha ka jingjrong tang kumba 15 ne 20 phut, na khyndew. Um ju soh ha ki kliar ki diengbah. La khot ia u da ka kyrteng 'waitem namar ba u kham stem Une u jait lwai um don kynrei, kumta kham niar ban lap ia u. Ia ka um jong u waitem ki nongai dawai ki pyndonkam ha kaba khieh dawai.

U DKAI U dkai u shong ha ki thliew dieng. Ia ka lynti ban rung shapoh, u shna ha ka rukom kum ka 'tangmuri, kane ka jrong kumba shitda. U nuh u rung na kane ka lynti. Ia kane ka tyndong lynti u shna da ka bthing.

Ha ka jingshna ba shapoh, u buh arbynta. Ia u khun u buh hapoh bad ia ka um pat u buh ha ka bynta ba kham halor. Hynrei kam dei pat kaba u pynkhlad kyrpang. U dkai uba la shong slem, lah ban ioh ka um ar ne lai bitor.

Ka um ngap jong u dkai ka lam iong byrsaw. Ka long ka dawai kaba bha na ki bynta kiba armet. Ka pynsuk ha ka pun ka kha. Ki don kiba dih kum ka dawai bun taiew ha shwa ka por kha. Don pat kiba dih tang haba la suh kha. Nalor kata, ki don ruh kiba pyndonkam na ka bynta ka pang khmat da kaba shu pynjaw. Ia u dkai lah ban ri ha ka rukom kumba ri ngap.

Kawei ka jinglong jong u dkai ka dei kaba u ialeh ban boi ia ka khlieh, imat kumba u ialeh ban boi ia u shniuh.

U KRAM Une u dei uwei pat u jait ngap uba kordor eh. Une u shong ha khyndew, ki nong wad ngap ki kubur ba ka long kaba eh bha ban lap ia u Kram. Ia une u jait ngap, don ruh kiba khot u Pram. U kmie u heh kat u kain iong bad u iong ngain-ngain. Ka met ka kham jrong ban ia u ngap.

Ia ka jaka rung u shna ha kajuha ka rukom kumba leh u dkai, kata, u shna ha ka dur kum ka tyngmuri.

Ka rukom shna iing jong u hapoh ka long ha ka rukom lape jong u kruin. U buh ia u khun bad u um syriem ha ka rukom jong u dkai. Ia u Kram lada kwah ban ri, dei ban rah da u khun.

Ka um jong u ka long ka dawai kaba kordor eh. Lah ban pyndonkam ha ki bun rukom, ka um jong u ka long ka dawai kaba bha eh na ka bynta kiba kha khunlung, ka long ka dawai khmat kaba bha eh. Ka um ngap jong u Kram ka long kaba rem dor shibun. Ha ka dor mynta ka shong kumba Rs. 500/- (san spah) tyngka na ka bynta shibitor klesarin. Na ka shiskum, uba ia shongslem lah ban ioh kumba shibitor ne shibitor shiteng.

U Nianglyndang La khot ia u kumta namar ha shwa ban kynthah lane dait briew u da kylla lyndang ia lade. Khlem kylla lyndang shwa um ju nang ban dait, Une ruh u don ka um ngap kaba u buh ha i tyndong iba u shna ha ka dur kum u sohphlang khud.

KA RUKOM WAD NGAP

U ngap u dei uba im ba khhah ha ki khlaw ki btap. Hynrei u dei pat uba u briew naduh kulong kumah u la lap buit ban wan rah na khlaw ban pynlong u jingri uba myntoi. U Khasi u don la ka jong ka rukom wad ngap bad ruh ka rukom kem ngap kaba iapher na kiwei pat ki jaitbynriew. Kata lah ban ong ba u don la ka jong ka jingstad kaba kyrpang.

Ha shwa ban ia thir ia ki rukom ba u leh u Khasi, to ngin ia khongngoid tang liak kumno ki leh kiwei pat ki jaitbynriew.

Ka ri Palestine ka dei ka ri kaba riewspah ha ka jingdon ngap. Wat la ka don pahuh ha ki khlaw ki btap, pynban ki sngewbha sngewtynnad ban ri ha shnong ruh. Ki don la ka rukom kaba ki nang ban khot ia u ngap da kaba shu siaw lane kynsid.

Ka long kaba sngewtynnad ban tip ia ka rukom wad ngap ki nong Australia. Haba ki leit wad ngap ki rah ka um, u kynphad bad ka kom (gum). Haba ki lap ia u ngap ba u boi ha ki syntiew, u nongwad ngap u shim ka um, u kbum ha shyntur bad biah phruit ha u ngap. U ngap u jhiehh lut bad um lah her. Kumta ki shim bad tah pyndambit da ka kom bad khyndiat u kynphad ha ki sner. Haba la rkhiang, u ngap un her beit-beit ha ka jaka shong. Une u nongwad ngap u pynbud khmat shano u her u ngap. Namar u don u kynphad ba la pyndambit ha ki sner, lah ban iohi jngai jngai. Kumta u sa leit wad sha kata ka jaka.

Ka rukom wad ngap ki Khasi

Ki don san tylli ki rukom wad ngap kiba kongsan:

(1) Ka Sympa: - Kane ka dei kawei na ka rukom kaba la ju don naduh hyndai eh. Ka Sympa ka dei kaba ki sam thliew ha ka dieng. Ka jingheh ka thliew ka long kumba shiphut ka

jingjrong, saw haduh 5 inshi ka pynkiang bad 6 haduh 7 inshi ka jingjylliew. Ia kane ki ju sam da u khlieh shalyngka uba la shut nep bha. Ia ka bynta kaba nep ki sop da ka syrdep nangta ki tymphong daka tyndong kaba shu biang sbak. Da kaba leh kumne ka iada ba ym mynsaw ialade bad iada ban ym luin ka syrti. Haba ki leit sha khlaw ki ong “Leit sam sympa”.

Ia ka Sympa ki ju leit sam ha ki bnai pyrem. Ha shwa ban poi ka por kiew ngap, ki leit pynkhuid ia ka sympa. Ia kane ki khot ‘Sar Sympa’. Namar u ngap um treh rung lada ka tngit, Haba la dep pynkhuid, ki set da ka lyntang kaba la pynkhreh kat kum ka jingheh ka thliew, lane ki set da ki maw lyngkniap. Ki pyllait thliew na trai ba un rung un mih u ngap. Ha ki bnai October November ki ju leit jngoh teng teng ioh ba la wan rung u ngap. Ia kane ki ong “Leit mot Sympa”. **Mot** ka mut leit jngoh ban dup iohi ia kata kaba phi kwah ban tip.

Haba ki sam sympa, ki da tip ia ki jait dieng kiba kham wan ngap. Lah ban jer katto katne:-

- | | |
|-------------------|------------------|
| 1. Ka Tyrkhum | 12. Ka Bti |
| 2. Ka Slang | 13. Ka Sohum |
| 3. Ka krot | 14. U Sohliang |
| 4. Ka diengsiar | 15. U Sohlymwai |
| 5. Ka Phyllut | 16. Ka Brah |
| 6. Ka Niangmuin | 17. Ka Rmew |
| 7. Ka Sohumriphit | 18. Ka diengtar |
| 8. U Sohpyllan | 19. Ka Lakhiat |
| 9. Ka Sngiat | 20. Ka Phaniaw |
| 10. Ka lamior | 21. Ka Paitrsang |
| 11. Ka Lba | 22. Ka Diengri |

Etc.

Ia ka sympa ki sam ha ki jingjrong kumba lai ne saw phut na syndah khyndew.

Nalor ka sympa dieng ki ju shna ruh ka sympa maw ha ki pdangriat lane mawpdang. Teng-teng ki ju tih sympa ha mawnei, une namar ba u dei u maw jem bad u jait maw uba syaid ju wan ngap.

(2) Kawei pat ka rukom wad ngap ka syriem ia ka rukom ki nong Australia. Hynrei u Khasi u kham tip buit shuh shuh. Ha ka jaka kaba iaid lynti bha u ngap, ki ju tih thliew pyllon ha u mawjem, mawkhaw, da kaba khyr-ain da ka khlieh wait ka thliew ka jylliew tang kumba 3 ne 4 inshi. Ha kane ka thliew ki leit pynjhieh. U ngap u boi bha ia ka umpynjhieh. Ia kane ki ju leh ha ka por synrai. Haba u ngap ula juh bad wan tista, ki leit dang step phyrngap shwa ban mih ka sngi. U ngap haba u wan boi ha kane ka jaka bad lum syntiew nangta haba la biang, u her beit ha ka jaka shong.

Ki nongwad ngap, ki leit khnang ha shwa ban mih ka sngi, ka daw ka long, ba ki kjat sngi ba lung, haba ki shat ha ki sner jong u ngap, ka phalang kum ha ka iit. Kumta lah ban iohi jngai-jngai, shano u thew leit. Nalor kata, ki nongwad ngap, ki nangbha ban antad. Haba u kynting katto ka jingjrong, ki lah ban antad, u jngai katno na kata ka jaka. Haba u kynting tbian, ka mut u don hajan, bad haba u kynting kham jrong, ka mut u kham jngai. Kane ka jingthew jong ki kam ju bakla jngai.

(3) Kawei pat ka rukom ka dei da kaba ki leit pynap da ka ksing ngap ha ki bnai synrai ha ka jaka iaid lynti u ngap. Haba u ngap u iaid nangta bunsien u ju shong thait bad rung ha ka ksing ba la pynap.

(4) Kawei pat ka rukom ba ki ju ioh ngap ka dei da kaba bet da ka khyndew lane da u shyiap ha kito ki ngap kiba her shikiaw. Haba u ngap u kynriah jaka (Local migration) ki ong u la kiew, kane ka ju jia ha ka por synrai, haba u la her lang baroh shikiaw, lah ban iohsngew ia ka jingsawa naduh pajih.

Shisyndon la lah ban sngewthuh ba dei ka jingsawa u ngap. Ha kane ka jingher, um ju her jrong hynrei u her najan-jan khyndew. Ha kane ka por, ki bet pynstet khlem sangeh. Haba la bet da ka khyndew ne u shyiap, u ngap u hiar tbian bad soh ha u dieng ne kyndob maw. Kumta ki briew ki ioh ngap ha kane ka rukom.

(5) Kawei pat ka rukom wad ngap ka dei da kaba leit wad sha khlaw. Ki shang ia ki khlaw ki btap haba ki leit lap, la ka dei uba soh ha u dieng, lane ha kyndob maw, lane ha ki tyngkhap maw, kaba ki ju leh ka long da kaba ki buh dak da kaba sieh proh. Haba la sieh proh, ym ju don shuh kiwei pat kiba nud bad kam ei. la kane ka rukom ki ia pdiang lang ha ka imlang sahleng. Uto uba la ioh ban buh proh nyngkong, ula longtrai ia uta u ngap bad u sa leit shim, tangba ki leit shim kloi.

KA NGAP KA DAWAI IA BAROH

Naduh hyndai hynthai la jan baroh ki long iing ka ri Khasi ki la ia tip lang ba ka ngap ka long kawei na ki dawai kiba kordor eh. La ju ju pyndonkam ia ka kum ka dawai na ka bynta ki khunlung, ki khynnah, ki rangbah bad ki tymmen.

Shen hadien ba la kha, ki khynlung ki ju ioh kynrei ia u niang shaba. Kane ka jingshitom ka long kaba pynshitom eh. Haba jur u niang shaba wat ban ai buin ruh ki iam ki lyniar bad kim treh buin namar ba pang u thylliej bad shyntur. Na ka bynta kane ki kmie nyngkyndong ki ju pynkhuid da ka um ngap kaba la jiar bad pynkhuid bha.

Ka eh kpoh (constipation) ka dei kaba pynshitom shibun eh ia ki khunlung khamtam kito ki khunlung kiba ki kmie ki ai da ka kait. Haba eh kpoh ruh ka dawai kaba bha tam ia ki khunlung dei ka ngap. Ki shu pynjliah tang khyndiat ka la biang.

Na ka ka bynta ka khluit ding ruh la ka long na kaba jynhaw ka um thnam lane kaba khluit beit da ka ding, ka um ngap kaba khuid, ka long kaba iadei eh. Ia kane ki ju leh da kaba kyllan bunsien haduh ban da jah tyrha.

Na ka bynta ka jyrhoh sahiaw la ka long ia ki khynnah lane ki tymmen ka ngap ka long ka dawai kaba bha eh. Ia kane ki leh da kaba shu dih beit tang shishamoit ka umngap, lane khleh lang bad kiwei ki kynbat. Ka ngap ka long ka dawai mynsaw kaba bha eh. Ka ia dei eh haba ur ba hap ka bym mih snam. Ju kyllan da kaba khleh bad ka shun im, sa kyllan ha ka jaka ba at ne jngem.

Lehse ka long kaba dei ban buh jingkyndong hangne ha ka rukom sumar ki syiem Sohra ia ka met iap jong ki Syiem. Kat kum ka riti ka dustur jong ka Hima Sohra, haba iap noh u

Syiem synshar, u mih bteng u dei ban thang ia ka met jong u Syiem uba la iap noh. Kumta namar ba ka kam ka long kaba suk ban ioh ia u mih bteng bad kam dei kaba ioh kloï mardor. Ia ka met u Syiem ba la khlad, ki da sumar bha ka ban ioh bitdor shisha ia ka burom jong u Syiem.

Ka rukom sumar ia ka met jong u Syiem ka long shisha kaba la dei ban niew ha ka kyrdan ki riewstad. Ia ka met ki pynthiah ha ka khongoi ba la shna bha, ki theh da ka ngap haduh ban da dap miar ka khongoi. Na kane ka khongoi pat la pynam da ka tyndong ka ban kjit ia ka pyut shapoh khyndew. Kumta kam ju pynmih jingsma ei ei wat lada ka sah slem. Kumne ki sumar ia ka met iap jong ki Syiem da ka ngap.

Ia ka ngap, ki briew ki la tip ban pyndonkam kum ka dawai naduh ki hajar snem mynshwa. U Solomon ha ka Proverb jong u, u kynthoh baka ngap ka long ka dawai ia ki shyieng ruh. Pro 16:24.

KA KSING NGAP

Ngi la ia kren shakhmat ba ka ri ngap ha ri Khasi ka long kaba naduh kulong kumah. Hynrei namar ba ngim shym don jingthoh ei ei, ym lah tip katno ki la ia id ki spah lane ki hajar snem naduh ba la sdang ri ngap. Ka jaitbynriew Israel namar ba ki don la ka jingthoh ngi lap ba ka kam ri ngap ki la nang naduh ki hajar snem ba la lah. Ngi pule ba haba ki wan rah ki jingainguh na ka jingmih ka khyndew bad ka jingmih na ki jingri ka paw ba u ngap u dei uwei na ki jingri jong ki (2 Khronikl 31:5) wat la ba ngi thikna ba ki ri ngap, ym lah ban ioh jingshai, ka jait ksing kaba kumno ki ia pyndonkam.

Ka jingshem buit jong u Khasi ban thaw ia ka ksing ngap ruh ka pynpaw ia ka jingstad. Haba ki thaw ksing, ki ia id da ki jingkhein, katno kan jylliew, katno ka jingheh, katno kan biang ba u ngap un buh ia u niap kaba kynthup ia u khun, u ja, bad ka um ngap. Kumta ba u ngap ruh shisien ba u la rung ha ka ksing, u la juh bha ban shong ban sah hangta. Dei na kane ka daw, ba kam ju kham juh kham jia koit ba u ngap un phet noh hadien ba la buh ha ka ksing.

Kawei pat kaba sngewtynnad ban tip ka long ba u Khasi u tip ia kita ki jaitdieng kiba bha ngap, kiba bha rong u ngap etc. Kumta haba ki leit ban khet ksing ki jied ia kita ki jait dieng.

Napdeng ki jait-dieng kiba ki kham pyndonkam ban thaw ksing to ngin jer kattno katne.

Ka dieng sohphan: - Ha ki jaka riwar ki kham pyndonkam bha ia ki dieng sohphan, ki don ar tylli ki daw ba kongsan. Ka long kaba ia dei eh na ka bynta ka jingbha ngap. Ka rong jong u dieng sohphan ka long kaba stem byrsaw itynnad. Kane ka don ia ki jingktah ban pynitynnad rong ia ka rewngap ruh. Kawei pat ka long namar ba ka kruin

ruh kam lah ban sam ia ka. Kaba la iaw ka lah ban neh haduh shirta briew.

Ka Dieng Sohmrit: - Kane ka dei kawei pat ka jait dieng kaba bha shibun eh ban thaw ksing ngap.

Ka diengbriew: - Kane ka dei kawei pat ka jaitdieng kaba ki nongri ngap ki pyndonkam bha. Kane ruh kaba shah shibun eh bad kaba bha ngap.

Ka Diengngan: - Ka diengngan ka long kaba itynnad rong bad kaba eh dieng. Hynrei kim da kham pyndonkam ia ka, namar ba, ki nongri ngap ki shem ba u ngap uba ri ha ka ksing diengngan, u kham dom.

Ka Dieng Lyngoh: - Kane ka jaitdieng, tang shu khoh snep, la iohi ba ka long kaba lieh bad haduh dohnud ka lieh kum ka jain sala. U rewngap ruh u lieh itynnad haba ri ha kane ka ksing.

Ka Dieng Lphing: - Ka rong jong ka lphing ka long lieh-jngum dum rong, ki nongri ngap ki lap ba ka rew ngap ruh ka syriem ia ka rong jong ka dieng hi.

Ka Lakhiat : - Ka lakhiat ka dei ka jait dieng kaba jem, ka lieh itynnad, ka rew ngap ruh ka lieh itynnad ha ka ksing lakhiat. Hynrei kim kham pyndonkam ia kane ka dieng namar ba ka pyut kloï. Ka lah ban shan, tang haduh kumba san snem.

Ka Sohum riphit: - Kane ka dei ka jaitdieng kaba bha eh ban thaw ksing ngap. Ha ki sanphew snem mynswa, dang lap ba ka don byllai. Hynrei mynta ym da kham iohi shuh ia ka. Ki nongri ngap ruh kim ioh shuh ban thaw ksing.

Haba ngi jer ia kine ki khyndiat ki jait dieng, kam shym mut ba ia kiwei pat ki dieng kim shym thaw ksing ngap. Ka lah ban long ba ha kiba bun ki jaka ki don kiwei kiwei ruh ki

jait dieng kat kum ka jinglong jong kata ka jaka, ki don kiwei kiwei ruh ki jait dieng kiba bha eh ban thaw ksing ngap.

Ka long ka jingshisha ba ha ki por mynshwa, wat la ki don ki jait dieng kiba biang eh ka jingheh ban thaw ksing kum ka lyba, ka phyllut, ka diengsiar, ka lynger, ka khatrong, ka lamior, ka niangmuin, ka Sohshiat, Sohtylliang, ka Sngiat, ka Sohlong, Sohpyllan bad bun bah kiwei kiwei pynban kim ju pyndonkam ban thaw 'singngap.

Mynta ha ka jingiaid jong ka por, ki riewstad jong kane ka juk ki la shem buit ban shna ki ksing ngap kiba pynsuk shibun ia ki nongri ngap. Na ka liang ki nongri ngap ki la nang ia beh sha kiba thymmai. Hynrei ka long kaba dei ban pynneh pynsah ruh ia ki ksing Khasi kiba ban pynkynmaw ia ka rukom jong u Longshwa.

Nalor kata, ki nongri ngap ha Ri War haduh mynta kiba bun hi ki dang iai pyndonkam da ki ksing Khasi. Ka daw ba kongsan ka dei namar ba ka ksing thymmai kam lah shan ia ka kruin. Ki nongri ngap ha ri khriat pat ki shem ba u ngap u kham syiad ha ka ksing Khasi, khamtam ha ka por tlang.

KI NONGSHUN JONG U NGAP

Haba kren ia kane ka bynta, ka shah phang ban ia peit ia ki katto katne ki kynja ba im ba khih, kiba her, kiba par, etc. Kiba long ka jingma bad pynsnew ia u ngap.

Haba ong ki nongshun, kam mut ba ki shun ia u ngap, hynrei namar ba ki bang ban bam ngap ka long ki jingma ia u.

KI MRAD

Ka dngiem Ka dei ka mrad heh kaba bam bha ia ka ngap. Ki nongri ngap, haba ki buh ngap sha khlaw lane sha rudnong, ki ju tap da u maw lyngknep kiba heh ban iada na ka jingpynjulor ka dngiem. Hynrei ia ki maw heh ruh ki ju khyllie bak-bak.

U Phyllad: - Une u mrad u dei uba rit, u syriem ka jingheh kat u bshad, u bam bha ia ki kynja kiba thiang. Ia ka ksing ngap u ju khura bad pynjot barabor.

U Bsong: - Ki don ar jait ki bsong, uba heh bad uba rit, uba bam ngap u dei u bsong heh.

U Shyrwat: - U Shyrwat u don ar jait, u shyrwat bad u shyrwat bthuh. Ka jingpynjot u shyrwat ka dei ba u bam ia ki ngap kmie ha ka por ba ki leit rong syntiew. Ha ka por ba u ngap u her ki shyrwat ki kem nait-nait, ka jingshah pyniap ia u ngap ha u shyrwat ka long kaba jur bha, khamtam ha ka por tlang.

KI KHNIANG

U Kyieng :- U Kyieng u dei uba pynjot eh ia u ngap. Haba wan u kyieng, ki ngap kim lah iada, u tur puk-puk bad dait

dkut ia kin ngap kmie, u rung shapoh bad u bam ia ki khun ngap bad ia ka um ngap.

U Pyrngad: - Une u syriem ia u kyieng tangba u kham rit ban ia u kyieng.

U Dkhew: - U Dkhew u ju wan bha ban ioh ban pyniap ia u kmie ngap hynrei um da lah ban pynsniew. Ha ka jingshisha, ka don ka jingbha ia u ngap namar ba ka pynryntih paid pynban haba wan u dkhew.

U Dkhiew: - U Dkhiew u dei uwei na kiba pynsniew ia u ngap. Khnang ban iada na u dkhiew, ki shait tah da u dpei ia ka jingset namar ba um treh ban sam ia ka dpei.

Ka Kruiñ: - Ka Kruiñ ka dei kaba pynjot eh ia ki ksing ngap ha ki jaka ri War. Ka kham suk ban iada na u dkhiew, hynrei ia ka kruin ka shem shitom ban jada.

Nalor kine ba la kdew haneng, ki dang don sa kiwei kiwei ruh, hynrei kiba kongsan eh lehse ki dei kitei ba la ai.

KA RI KHASI KA KPER SYNTIEW U NGAP

Haba ai nam “Ka Kper Syntiew” ia kano kano ka kper, nalar kiba bun kiwei kiwei ki kyndon, la kumno kumno ngi dei ban pdiang ia ki artylli ki jinglong ba kongsan, ka jingdon bunjait ki syntiew ha kata ka kper bad kawei pat, ki syntiew ki dei ban don ha baroh ki saw samoi jong ka snem.

Ki riewstad kiba dei ia ki syntiew ki skud, ki la lap ba ha ka jylla Meghalaya, ki don haduh 300 jait ki tiewdieng (Orchid). Ki laispah jait ia kiba la ithuh da kita ki riewstad (Scientists) ka long tang hapoh ka jylli ki tiewdieng. Hynrei nalar kine ki don byllien bah ki diengbah bad ki diengrit, ki niut lyiur, ki phlang, ki kynbat, kiba ha la ki jong ki jong ki por bad ki samoi ki sei la ki syntiew kiba pynphuh pynphieng ia ka mariang. Kine ym dei ba ki don tang shi jaka, hynrei ki phriang ha ki lum bad ki them, ki ri shit ki ri khriat, ki phud bad ki lhuh, ki ranab bad ki pyntha baroh jong ka ri Khasi. Haba shim lang ia kine baroh, lah ban ong ba ki long u sub u **thiar jong u ngap**, bad ki long ka jingbam seng jong u ha baroh ki saw samoi jong ka snem. Kine ki don da ki hajar jait ha kine ki lum Khasi.

Ban shu pynkut da kaba ong ba ka ri khasi ka dei kaba riewspah ha ka jingdon ki syntiew ki skud, lah ban don kiba ong ba la shu kren pynheh than. Ban da long kaba lah, kan jin da la bha shibun eh lada lah ban iathir bniah ia kane. Hynrei hangne ngin ym lah ban leh kumta. To yn shu ia sei tang katto katne tang kum ka nongmuna ia kita ki spah mariang kiba la pynpaw ha ki syntiew. Kine ki don ka bynta kaba khraw ha kaba bsa ia u ngap ha la ki jong ki jong ki aiom bapher jong ki. Dei da kumta ba ki don bynta ha kaba kyntiew ia ka kam ri ngap.

Sl. No.	KI kyrteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
1	Jalu	<i>Litsaea citrata</i>	Tiang (Dec-Jan)	Byllieh-byrtem
2	Tyrthia	<i>Lindera pulcherrima</i>	Tiang (Dec-Jan)	Byrlie-byrtem
3	Prut	<i>Eleusine sp</i>	Synrai (Oct-Nov)	Sawbrang
4	Kdait	<i>Arundinana sp</i>	Synrai (Nov-Dec)	Byrlieh
5	Jalngap lieh	<i>Senecio densiflorus</i>	Synrai-tiang	Stemkmurkmur
6	Pyrshit lum	<i>Eurya japonica</i>	Synrai (Oct-Nov)	Lieh
7	Latohtieh/kynthei	<i>Buddleia macrostachya</i>	Tiang (Dec-Jan)	Kum sohprew
8	Latohtieh shynrang	<i>Callicarpa sp</i>	Tiang (Dec-Jan)	Byrsaw
9	Jamiang	<i>Symplocos cratogeom</i>	Pyrem (May)	Lieh
10	Sohkhawiong	<i>Neillia thyrsoflora</i>	Pyrem	Byrsaw
11	Sohkhlur eitblang	<i>Elaeagnus pycnantha</i>	Tiang (Dec-Jan)	Lieh
12	Sohlang	<i>Viburnum foetidum</i>	Lyur	Lieh
13	Sohma	<i>Rhus javanica</i>	Synrai (Sept)	Lieh
14	Sohsyrted	<i>Helicia erratica</i>	Pyrem (May)	Lieh
15	Sohlong	<i>Melia azedarach</i>	Pyrem (May)	Japang
16	Jahynlaw	<i>Viburnum coriaceum</i>	Lyur (June-July)	Lieh
17	Jrumshiah	<i>Zehneria heterophylla</i>	July	Lieh
18	Jalynnoh	<i>Polygonum chinense</i>	Lyur-synrai	Lieh
19	Sohtah	<i>Rubus moluccanus</i>	Lyur	
20	Shabuk	<i>Ardisia cuneata</i>	Synrai (Oct)	Lieh sada
21	Dieng niangmat	<i>Mahonia pycnantha</i>	Synrai	Stem
22	Sohlurpung	<i>Vitis planicaulis</i>	Pyrem (March)	Lieh
23	Sohshur	<i>Pyrus pashia</i>	Pyrem (March)	Lieh
24	Sohphoh Khasi	<i>Docynia indica</i>	March	Lieh
25	Tiewlyngskaw	<i>Dendrobium chrysotoxum</i>	April-May	Stem
26	Tiewknup Mawiang	<i>Paphiopedilum insigne</i>	Synrai	Sawbrut
27	Tiewmatong	<i>Dendrobium ochreatum</i>	Iaiong	Stem
28	Pyrshit Heh	<i>Eurya acuminata</i>	Synrai (Oct)	Lieh
29	Sohkhyllam	<i>Elaeocarpus lanceifolius</i>	Synrai-tiang	Lieh
30	Jalngap iong	<i>Inula cappa</i>	Synrai-tiang	Stem jlah
31	Khiakhnai	<i>Oxalis corniculata</i>	Pyrem-phuh lynter	Stem
32	Tangsohnew	<i>Meliosma simplicifolia</i>	July	Lieh
33	Ka nub	<i>Entada scandens</i>	Lyur	Lieh

Sl. No.	Ki kyrteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
34.	Pyrshit ri-eh	Eurya sp.	Synrai (Oct)	Lieh
35	Batnongrim	Dichrocephala latifolia	May	Lieh
36.	Jalynshir	Sonchus asper		
37.	Lakhiat	Callicarpa Arborea	May	Byrsaw
38	Shanam dnglem	Castanopsis armata	Synrai	Lieh
39	Lakhar	Macaranga denticulata	Synrai	Lieh
40	Diengngan	Schima wallichii	May-June	Lieh
41.	Jathynrait	Gaultheria fragrantissima	Pyrem-Lyiur	Lieh
42	Sohkhyrwiat	Garcinia anomala	Tlang	Lieh
43	Diengpiur	Corylopsis himalaica	Jan-Feb	Stem
44.	Jasniang	Lyonia ovalifolia	Aug	Lieh
45.	Khanew	Milletia pachycarpa	Pyrem	Lieh
46	Jaiur	Zanthoxylum acanthopodium	Apnl	Liehblad
47	Lynnai	Thysanolaena maxima	Tlang	Sawbrut
48	Kophi	Coffea khasiana	Pynnoh lyiur	Lieh
49.	Diengtyrmem	Illicium griffithii	Synrai-tlang	Lieh
50.	Pyiuriong	Eurya sp	Lyiur	Lieh
51.	Miclehlah	Mikania micrantha	Synrai-tlang	Lieh
52	Mielyngkymeng	Clematis buchaniana	Sept	Lieh
53.	Sohlormaw	Photinia notoniana	Pyrem	Lieh
54	Phaniong	Ipomoea sp	Synrai	Violet
55	Diengjem	Nephelium griffithii		Lieh
56.	Jakhisnuh	Gerardiana heterophylla	Synrai-tlang	Byrsaw
57.	Batsharak	Ambrosia estonisifolia	Synrai	Byrtieh
58	Japu	Crepis sp	Aug-Sep	Byrsaw
59	Rymphang	Debregeasia wallichiana	Pyrem	byrtieh
60.	Sohngaw	Canthium glabrum	Pyrem	
61.	Lapamtiah	Raphidophora sp	Synrai (Oct)	Stem
62.	Shryntoh	Desmodium oxyphyllum	May-June	Pink
63.	Jatynsim	Debregeasia longifolia	Apnl	Lieh
64	Lyngkta	Callicarpa rubella	Apnl	Lieh
65	Phyllut	Albizia mollis	May-June	Lieh
66.	Sohjarem	Clerodendron colebrookianum	Synrai	Lieh

Sl. No.	Ki kyrteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
67.	Sohpaiat	<i>Ligustrum robustum</i>	Lyur (June)	Lieh
68	Sohpie	<i>Myrica esculenta</i>	Tiang	Byrsaw
69	Sohli-ia	<i>Myrica indica</i>	Tiang	Byrsaw
70	Sohphymu	<i>Leea aspera</i>	Synrai	Lieh
71	Sohbutrieh	<i>Amoora rohituca</i>	Synrai (Sept)	
72	Sohliang	<i>Melodinus monogynus</i>	Pyrem (May)	Lieh
73	Jatwadlum	<i>Commelina obliqua</i>	July-Aug	Blue
74	Jatwadkhlaw	<i>Cyanotis</i> sp	Aug	Japang
75	Sohsat	<i>Zanthoxylum</i> sp	Synrai	Lieh
76	Batrahoi	<i>Rubia cordifolia</i>	Synrai	Byrtem
77	Tiewsohkhah mawna	<i>Anthogonium gracile</i>	Synrai	Pink
78	Jyrtieng	<i>Glochidion khasicum</i>	May	Stem
79	Sohryngkham	<i>Vaccinium griffithianum</i>	August	Stem
80	Bationg	<i>Hedyotis uncinella</i>	August	Byrsaw
81	Sohlang eitksew	<i>Viburnum simonsii</i>	August	Lieh
82	Tiewsohkhah	<i>Spathoglottis pubescens</i>	August	Stem
83	Jajer	<i>Cyanotis barbata</i>	July-August	Lieh
84	Jarain	<i>Fagopyrum esculentum</i>	Lyur-Synrai	Lieh
85	Batbaidoh	<i>Sida rhombifolia</i>	Synrai	Stem
86	Jaba	<i>Rumex nepalensis</i>	March	Byrsaw
87	Jabuit	<i>Phlogacanthus gamblei</i>	June	Lieh
88	Kynphad dieng	<i>Gossypium herbaceum</i>	Tiang	Lieh
89	Jarasong	<i>Hibiscus indica</i>	Synrai	Saw
90	Sohkhawkhoh	<i>Musa indica</i>	Lyur-Synrai	Lieh
91	Diengdoh	<i>Exbucklandia populnea</i>	Synrai	
92	Jasieh	<i>Polygonum capitatum</i>	Synrai	Pink
93	Syntapai	<i>Cynodon dactylon</i>	Pyrem	Eitmasi
94	Sametnhiang	<i>Sida acuta</i>	Sept.	Pink
95	Sohmad	<i>Citrus</i> sp	April-May	Pink
96	Tynnew	<i>Calamus latifolius</i>	Pyrem	Sawbrut
97	Jaryndem	<i>Polygonum chinense</i>	Synrai (Oct-Nov)	Lieh
98	Batiwtung	<i>Eupatorium adenophorum</i>	Synrai	Blue
99.	Lympied	<i>Saurauja</i> sp	Pyrem	Lieh

Sl. No.	Ki kyrteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
100	Sohtoit	<i>Cyanotis vaga</i>	Synrai	Stem
101	Batiambiad	<i>Smithia ciliata</i>	April	Pink
102	Jaltham	<i>Mussaenda roxburghii</i>	Lyur	Lieh
103	Jalkhan	<i>Callicarpa sp</i>	Synrai	Lieh
104	Sohkhlot	<i>Gnetum scandens</i>	Lyur	Lieh
105	Thiahtsi	<i>Pila umbrosa</i>	Synrai	Stem
106	Batsabon	<i>Galium rotundifolium</i>	August	Lieh
107	Hurtangduma	<i>Emelia sonchifolia</i>	Feb-March	Pink
108	Jada	<i>Amaranthus gangeticus</i>	March-April	Shatlieh
109	Jakain khasi	<i>Picris hieraciodes</i>	August	Stem
110	Lynnian masi	<i>Agrimonia eupatorium</i>	April	Stem
111	Sangniah	<i>Bridelia sp</i>	Pyrem	
112	Batkseh	<i>Asparagus sp</i>	June-July	Lieh
113	Jalngapiong lum	<i>Inula sp</i>	Synrai-Tlang	Stem
114	Sohkum	<i>Melastoma malabathricum</i>	August	Rongnjailar
115	Batsain	<i>Torenia violacea</i>	August	Stem
116	Rwalang	<i>Polygonum bistorta</i>	Pyrem-Synrai	Stem
117	Miemyruin	<i>Vitis lanceolaria</i>	May	Lieh
118	Sohtniang	<i>Sida sp</i>		
119	Lakhynrah	<i>Symplocos glomerata</i>	Synrai	
120	Simeng	<i>Curculigo sp</i>	Synrai	Sawbrut
121	Jajew	<i>Begonia pedunculosa</i>	Synrai	Pink
122	Batsohpliah	<i>Anemone rivulans</i>	April-May	Lieh
123	Jaleh	<i>Senecio sp</i>	Synrai-Tlang	Stem
124	Jalngkthem	<i>Osbeckia crinata</i>	Synrai	Pink
125	Sohtung	<i>Aralia sp</i>		
126	Dieng mong	<i>Morinda sp</i>	August	Lieh
127	Riewhadem	<i>Zea mays</i>	Lyur	Byrsaw
128	Bat btengkhoisiew	<i>Impatiens radiata</i>		
129	Ka kait	<i>Musa sapientum</i>	Khlem por	Lieh
130	Bat japan	<i>Eupatorium cannabinum</i>	March	Lieh
131	Stein	<i>Ficus sp</i>	Synrai	Byrlieh
132	Sohsyllai	<i>Aporosa sp</i>	Pyrem	Lieh

Sl. No.	Ki kyrteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
133	Lamywai	<i>Lysimachia ramosa</i>	Pyrem	Stem
134	Kya	<i>Aesculus sp</i>	February	Saw
135	Batdaidong	<i>Oxalis griffithii</i>	April	Pink
136	Tiew japang	<i>Primula denticulata</i>	March	Japang
137	Tiew sympat jympien	<i>Brunella vulgaris</i>	June	Pink
138	Lyngbyrthit iong	<i>Bidens pilosa</i>	Lyur	Lieh
139	Sohthynroit	<i>Ostodes paniculata</i>	Pyrem	Byrlieh
140	Batshakuniaw	<i>Drymana cordata</i>	Synrai	Stem
141	Sohlynshang pyllun	<i>Tnchosanthes wallichiana</i>	Synrai	Lieh
142	Tiewrieng	<i>Anaphalis contorta</i>	Synrai	Lieh
143	Jyrmelieh	<i>Ardisia virens</i>	May	
144	Soh Jadaw	<i>Cantium galbrum</i>	Pyrem	lieh
145	Sohshiah	<i>Zanthoxylum alatum</i>	Tiang	
146	Shriew	<i>Colocasia antiquorum</i>	Synrai	Stem
147	Tiewtongskari	<i>Nepenthes khasiana</i>	Lyur	byrltem
148	Sohkynphor	<i>Carica papaya</i>		Lieh
149	Miestar	<i>Bauhinia purpurea</i>	June	Lieh
150	Tiewialyngngi	<i>Hedychium garcinianum</i>	July-August	Stem
151	Tiewlarun	<i>Hedychium coccineum</i>	June-July	Saw
152	Tiewpawanglum	<i>Arundina bambusifolia</i>	August	Violet
153	Tiew Jalynteng	<i>Eupatorium sp</i>	Oct-Nov	Stem
155	Tyrsin miaw	<i>Hedyotis sp</i>	August	Lieh
156	Latyrapad	<i>Cinnamomum</i>	April	Lieh
157	Sohum	<i>Eugenia jambolana</i>	December	Lieh
158	Soh Apple	<i>Pyrus malus</i>	April	Byrlieh
159	Phan Nngblai	<i>Ipomoea sp</i>	Synrai	Pink
160	Phan sawlia	<i>Ipomoea sp</i>	Synrai	Pink
161.	Shitmuid		Synrai (Oct)	Lieh
162	Jakheh dynmiew		Synrai (Oct-Nov)	Lieh
163	Jakhna		Synrai (Oct)	Byrlieh
164	Jakhawshoin		Tiang (Nov-Dec)	Sawjngut
165	Sohtoit saw		Synrai (Aug-Sep)	Pink
166	Sohtoit Lakud		Synrai (May)	Stem

Sl. No.	KI kirteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
167.	Jakhi heh		Synrai-Tiang	Byrsaw
168.	Jakhi Lum		Synrai	Byrlieh
169.	Diengngan I shrong sla		August	Lieh
170.	Sohlymwai		Synrai (Oct-Nov)	Lieh
171	Sohkhlur		Synrai (Oct-Nov)	Lieh
172	'Ninglieh		Synrai	Lieh
173.	'Ningmoh		Synrai	Lieh
174	'Ningsohot		May	Lieh
175	Sohiong	Prunus nepalensis	Synrai (Oct-Nov)	Lieh
176.	Diengslang		Synrai-Tiang (Oct-Jan)	Sawumreit
177.	Phyllut	Albizia procera	Pyrem	Lieh
178	Jalynnoh Skei		Lyur-Synrai	Lieh
179.	Dieng Iba		Tiang	Byrtem (cream)
180.	Dienglieng		Synrai	Lieh
181.	Jalynsianglieh lieh		Pyrem	Lieh
182	Lalieh		Pyrem	Lieh
183	Larynsi		Synrai	Byrlieh
184	Sohryntu		Pyrem	Phom-Phom
185	Jymbur		Pyrem	Lieh
186	Diengsiar		Pyrem	Lieh
187	Sngiat	Meliaceae Dysoxylone Procerum	Pyrem	Byrlieh
188	Sohpyllan		Synrai	Lieh
189	Kain		Pyrem	Lieh
190.	Sohtyngkieng		Pyrem	Saw
191.	Sohtyngkieng bahad		Synrai	Lieh
192	Jamiang pathai Khubor		Synrai	
193	Sohprew		Tiang (Dec-Jan)	Lieh
194.	Tula		Synrai (Nov)	Lieh
195.	Klew		Pyrem (April)	Stem
196	Diengsong bun shiah		Synrai (Sept)	Saw
197	Diengsong jlih		Pyrem (March-Apr)	Saw
198	SohKthut heh		Synrai	Lieh

Sl. No.	Ki kyrteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
199	Sohkhlut rit		Synrai	Pink
200	Sohkhlut tiew Shlim		Synrai	Lieh
201	Shakuriaw		Lyur-Synrai	Stem
202	Jali		Synrai	Stem
203	Jali sniang	Gynura Crepidioides Benth	Lyur	Stem
204	Jali krem		Synrai	Byrsaw
205	Pathlop		Synrai	Khleh rong
206	Bat Sohpliah Lieh		Pyrem	Lieh
207	Bat Sohpliah Stem		Lyur	Stem
208	Jakyrphuh		Synrai	Pink
209	Diengpangkhliah	Robiaceae luculia pinceana Hook	Synrai	Pink
210	Tiewjatdoh		Lyur (July)	Stem
211	Sohlynshang nt		Lyur	Lieh
212	Bat dkhar		Pyrem-Synrai	Lieh
213	Jamiaw		Synrai	Japang
214	Jalynsiang		Pyrem (Feb-March)	Saw
215	Jamiaw madan		Synrai	Japang
216	Kseh Khasi		Feb-March	Byrsaw
217	Kseh Thuja		Feb	Byrlieh
218	Soh Tyngab		March-April	Stem
219	Korblang jrongsla		March-April	Lieh
220	Korblang hehsia		March-April	Lieh
221	Bat German Kynther		Feb-March	Lieh
222	Bat German Shynrang		Feb-March	Lieh
223	Soh Plom Santarosa		Feb-March	Lieh
224	Soh Plom Alfa Pyllon		March	Lieh
225	Soh Plom Japanese		March	Lieh
226	Soh Plom Doris		March	Lieh
227	Soh Phareng Laitshyeng		March	Pink
228	Sohphareng Jangli		Feb	Pink
229	Diengtiewsaw (Lummot)		Feb-March	Pink
230	Jatung		March	Lieh
231	Korblang jong	Melastomataceae Midina	March	Lieh

Sl. No.	Ki kyrtang (Local names)	Kyrtang Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
232	Sohshan		March	Lieh
233.	Batshabai		April	Stem
234.	Baleh		March	Lieh
235	Tushlim (Tiewshlim)		May-June	Lieh
236.	Paspalam		June	
237	Sohmuin		Pyrem	Lieh
238	Tiew Shamot		June	Saw
239	Tiew Amrpor		June	Khlehrong
240	Sohot Phareng		May	Lieh
241	Diengshamot		May-June	Lieh
242	Sohkaru		April	Stem
243	Jagaranda		May	Japang
244	Jalynwait		August	Japang
245	Tiew Jalong		Pyrem	Pink
246	Sohlang heh		May-June	Lieh
247	Sohlang Byrthang		August	Lieh
248	Krot Stem		April	Byrlieh
249	Sohkrut		April	Lieh
250	Tyrphin	Euclyptus sp	April-May	Lieh
251	Phlang Tdongbrai		March-April	Byrlieh
252	Jalynsiang lieh		April	Lieh
253.	Jawer		Synrai	Lieh
254	Shyyah		March-April	Byrlieh
255.	Dieng Muga		March-April	Byrlieh
256	Dieng Sohprew		April	Stem
257	Sohpieng		March	Lieh
258	Sohmyndong		March-April	Pink
259.	Sohmad Pathaw		April-May	Pink
260	Tbuh		April	
261.	Tiew Thaber		March-April	Lieh
262.	Sarat		March	Byrlieh
263	Shlan		August	Lieh
264	Langnat		August	Khlemrong

Sl. No.	Ki kyrteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
265	Jatira		August	Lieh
266.	Langtyli		August	Ym don rong
267.	Tiewrieng rit		July	Lieh
268.	Sohsawieh bsein		April	Khlem rong
269.	Kpieng masi		April	Stem
270	Jathalong Heh		April	Lieh
271.	Jathalong		April-May	Pink
272.	Sohjanai		Pyrem	Pink
273	Bat niangdait		March	Pink
274	Kiew bah		April	Stem
275	Kawang Bshad		May	Khlehlong
276.	Sohpdung		April-May	Lieh
277	Jamynrei		April	Byrlieh
278.	Dieng ker kper		April	Lieh
279	Lamkhon		May	Lieh
280	Kainri Jrong		June	Lieh
281	Sning jong		June	Lieh
282	Tiew Kandara		May-June	Japang
283	Shit muid dymmiew		Nov	Byrlieh
284.	Bat jumai		Tiang	Lieh Phom Phom
285	Jajew Skei		April-May	Lieh
286	Jangew		November	Byrsaw
287	Jyilang		November	Pink
288	Jaut		August	Lieh
289.	Balensha		August	Lieh
290.	Bat Nongnm		August	Lieh
291.	Sohlynshang(Jrong)		July	Lieh
292.	Mie Khlah		Dec-Jan	Lieh
293	Jalmut		Feb-March	Saw
294.	Jalmut Shnuh		March	Saw
295.	Phlang Sying		August-Sept	Sawbrang
296.	Sohum riphrt		Synrai	Lieh
297.	Tiewphatem		Iaiong	Lieh

Sl. No.	Ki kyrteng (Local names)	Ka por puh (Flowering season)	Rong (Colour)
298	Tiew Khandan	Iaiong	Stem
299	Tiew Symboh Sohphan	June-Aug	Lieh
300	Tiew Jymmang	May	Byrlieh byrsaw
301	Tiew ksar	May-June	Stem
302	Tiew Shira	Lynur	Lieh
303	Tiew Synrai	Nailor	Stem
304	Tiew Lyngkait	Iaiong	Lieh
305	Lyngskiar long	Nov-Dec	Mukmor
306	Tiew klonglieh	Oct-Nov	Byrlieh-Byrtem
307	Tiew Klongiong	Oct-Nov	Saw-Jngut
308	Jashum	August	
309	Janailar	July-Sept	Pink
310	Janailar Phud	Aug-Sept	Pink
311	Tiewtngaw Pink	July-Aug	Saw
312	Pai tngaw	Synrai	Lieh
313	Tiew Khawiang	Pyrem	Byrsaw
314	Kya-Saw	Feb-March	Saw
315	Lakud Stem	August	Stem
316	Shitmuid iong	Pyrem	Lieh
317	Lynseng	Synrai-Tiang	Byrlieh
318	Sohkhawiang	March	Lieh
319	Lapadong	Aug-Sept	Stem
320	Jarsong	Synrai	Saw
321	Sohpaiat patwar	Synrai	Lieh
322	Diengrai	Pyrem	
323	Jabria	Synrai	Byrlieh
324	Jaralud	Synrai	Byrlieh
325	Tiewtyngap	Synrai	Japang
326	Sohpen	August	Stem
327	Khunswet	Synrai	Byrsaw
328	Tiewlakud	Lynur	Lieh
329	Tiewlbong Sahep	November	Lieh
330	Tiew Pynieng	October	

Sl. No.	Ki kyrtang (Local names)	Ka por phuh (Flowering season)	Rong (Colour)
331.	Tiew Laphiah	Lyur	Lieh
332.	Tiew Shira	Pyrem	Lieh
333.	Tiew Khyllap Jankhor	Synrai	Stem
334.	Syllem	Synrai	Sawbrang
335.	Bat Tiang	Synrai	Japang
336.	Simieng	March-April	Byrthup
337.	Bat Lyngbyrthit heh	August	Japang
338.	Bat iwtung heh	August	Japang
339.	Lyngksang	November	Lieh
340.	Tyrphuh	November	
341.	Tiew Tdoh	Lyur	Stem
342.	Jathang	Synrai	Lieh sada
343.	Tiew kjat syiar	Synrai	Ym don rong
344.	Tiew Saiwah	Pyrem	
345.	Sohkhyrwoh	Pyrem	Lieh
346.	Diengnai	Pyrem	Lieh
347.	Tiew Jalong	Synrai	Lieh
348.	Dieng Taru	Pyrem	
349.	Lynglinir	Lyur	Lieh
350.	Diengbnew	Lyur	Lieh
351.	Soh bshad	Pyrem	
352.	Jalangkib	Pyrem	
353.	Soh Shneh	Rymphang	
354.	Ka Dieng sharyntoh	Jalong	Pink
355.	Shitmuid Kynther	January	Lieh
356.	Shitmuid Shynrang	September	Lieh
357.	Lba	December	Lieh-Byrtem
358.	Tbuh	January	Lieh
359.	Japn	July	Pink
360.	Lakhar	June	Byrnieh
361.	Lyngnger	June	Lieh
362.	Dieng Sohoh	September	Lieh
363.	Thyrhap masi	September	Stem

Sl. No.	Ki kytang (Local names)	Ka por phuh (Flowering season)	Rong (Colour)
364.	Diengbai	October	Lieh
365.	Sohkhwang	October	Lieh
366.	Latyphu	January	Lieh
367.	Diengriat	October	Lieh
368.	Tlai	April	Byrthup
369.	Dienglieng	January	Sawbrang.
370.	Jakur Khiew	May	Lieh
371.	Dieng Tar	April	Lieh
372.	Khariew Niangmliar	May	Lieh
373.	Mie Sohlpung	June	Lieh
374.	Mie Lieh	September	Lieh
375.	Mie Sohmyngkart	June	Lieh
376.	Mie Masem	September	Lieh
377.	Mie Sohbrai	October	Lieh
378.	Mie Sohmyngkhong	September	Lieh
379.	Mie niang Sohpet	September	Lieh
380.	Mie niangtyngkhep	September	
381.	Mie Ryngksai	Pyrem	Sawbrang
382.	Mie bteng	May	Lieh
383.	Jalkhan skei	Feb	Lieh
384.	Jalkhan rben	August	Lieh
385.	Mie Sohkdor (heh)	May	Lieh
386.	Mie krot stasha	June	Byrlieh
387.	Mie sohmynthar	June	Lieh
388.	Mie Sohkrei	April	Stem
389.	Mie Sohum	May	
390.	Mie Sohlyngsnam	June	
391.	Mie sohdaia	June	
392.	Diengpei	November	Lieh
393.	Diengkynram	Oct-Nov	
394.	Jangew Shynrang	November	Stem
395.	Soh ski	April	Stem
396.	Riewkeng	Oct-Nov	Stem

Sl. No.	Ki kyrteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
397.	Riew kar		Oct-Nov	Stem
398	Tiew Lasubon		May-June	Stem
399	Tiew Lapongnai		Synrai	Dum rong
400	Tiew Lapongnai (Kdonghulu)		Synrai	
401	Tiew Thymia		June	Lieh
402.	Tiew Phatem		March	Stem
403	Sohkjat koke	Meliaceae	Synrai	
404	Jarytiang	Zingiberaceae Hedychium sp	Synrai	
405	Tiew lasier		July	Byrdieh
406	Soh khawiang lum		Pyrem	Stem
407	Sohlap		Pyrem	Lieh
408	Jakhi rben		Synrai	Pink
409	Shiah-buid		April-May	
410	Shnta ktieh	Gentianaceae Swertia sp	Synrai	
411	Tiew Kulab		Pyrem	Saw
412	Latohtieh jngum		Dec-Jan	Violet
413	Tiew Jalngap		Synrai	Stem
414	Tiew Li Li		Pyrem	Lieh
415	Sohtrun		Lynter	Byrsaw
416	Sohphiang		Synrai	Dohnud
417	Sohphoh		Pyrem	Lieh
418	Ri		Synrai	Bumrong
419	Tiew Lyngksiar		Synrai	Lieh
420	Khah		Synrai	Lieh
421	Sder		Synrai	Saw brang
422	Lymbyrthit heh sia		September	Byrtem
423	Tiew Laroh		August	
424	Tyrkhum	Anacardiaceae Rhus	April-May	
425	Bat Kyrshan khohsiew		June-July	
426.	Synrem		January	
427.	Sohkhah Mawria		August	Saw
428	Tiew khongbeh		Oct-Nov	

Sl. No.	Ki kyrteᅡg (Local names)	Kyrteᅡg Science (Scientific names)	Ka por phuh (Flowering season)	Rong (Colour)
429.	Tiew tyrkhang		Synrai	
430.	Sohpniam		Lyur	Lieh
431.	Mie Lyᅡgkait syllai		March-April	Lieh
432.	Sohramdiᅡg		Pyrem	
433	Kor blang Pur		Synrai	Lieh
434	Jakrai Lum		Synrai	Byrtem
435	Bat Sohpliah lieh		May-June	Lieh
436	Bat sohpliah stem		July	Stem
437.	Krot phom phom		April	Lieh
438	Sohphiang			
439	Sohbrapkhlaw		Lyur	Lieh
440	Tluh Lakhar		March-April	Lieh
441	Tluh Lapong		Pyrem	Saw
442.	Tluh Ramlein		Pyrem	Pink
443.	Tluh Rilum		October	Lieh sana
444	Jalynsiang saw		Feb-March	Saw
445	Jamyrwai heh sla		Lyur	Stem
446	Jamyrwai nt sla		Lyur	Stem
447.	Jadaw		Pyrem	Lieh
448.	Japn		Synrai	Pink
449	Bat niangdkoh		Synrai	
450	'railon		September	Lieh
451.	Raityrsheh		September	Lieh
452	Raihyndai		September	Lieh
453	Phan Myᅡnggor		May	Pink(khlehrong)
454.	Phan Klong		Synrai	Pink
455.	Phan thrap		Synrai	Pink
456.	Phan Iyer		Synrai	Pink
457	Phan thymia		Synrai	Lieh
458	Phan Sawkliar		Synrai	Lieh
459.	Phan lieh		Synrai	Lieh
460.	Phan shriew		Synrai	Pink
461.	Bat baishun		Synrai	Pink

Sl. No.	Ki kyrteng (Local names)	Kyrteng Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
462.	Rumu			Lieh
463	Bat Lynnai		Synrai	
464	Jhur Tdong masi	Lamiaceae Brunella sp.	Synrai	Rong Pink
465	Soh dkhiew	Resaceae Prunus sp.	Synrai	Pink
466	Kynbat bsien	Lamiaceae Dysophylla sp.	Synrai	Pink
467	Tiew maloi	Nerbanaceae Halmiskidia Sangninia-Retz	Synrai	Saw
468	Shylla		Pyrem	Lieh blad
469	Sohmnt Tyambung	Perperaceae peper sp.	Pyrem	Ym don rong
470	Syntiew sder	Lili Aceae Dianella ensifolia		Pink
471	Jaiaw	Asteraceae Ambrosia Antomisiatolia-Linn	Synrai	Byrdieh
472	Soh rashi	Dilliniacan Dillinia Indica Linn	Pyrem	Stem
473	Langsudiap		April	Eit masi
474	Langkba		October	Sawbrang
475	Langsharaji		October	Byrsaw
476	Tiew matkhla		September	
477	Soh pa-r	Spondice mangifera	Synrai	
478	Lang sniang		Synrai	Khlem rong
479	Dieng khaila		April May	Lien
480	Soh bhalem		Synrai	
481	Makaliang		February	Lien
482	Dieng brali		Synrai	Lien
483	Lympied kynthet		June	Pink
484	Sohniamtra		March-April	Lieh
485	Sohsyng		March-April	Lieh
486	Sohpiengra		Pyrem	Lieh
487	Sohpiengtot		Pyrem	Lieh
488	Sohpiengshneh		February	Lien
489	Stapiong		May-June	Lieh
490	Staplieh		May-June	Lieh
491	Sohiong Khlaw		November	Pink
492.	Sohiong		Oct -Nov	Lieh

Sl. No.	Ki kyrtang (Local names)	Kyrtang Science (Scientific names)	Ka por puh (Flowering season)	Rong (Colour)
493	Tiew Wahlei		Synrai	Stem
494	Tiew kuan		June	
495	Sohrisang		June	Lieh
496	U Langtor		June ter-ter	Eitmasi
497	Lathrait		April-May	Lieh sada
498	Lyngsngian		April-May	Lieh
499	Jawiehraiij		April ter-ter	Lieh
500	Diengsong jilih		April-May	Sawhoin
501	Diengmuga		February	Lieh

Kitei ba la ai haneng ki long tang khyndiat bha ba la sot na ka thup bah jong ka Manang

KI LAW ADONG BAD KA KAM RI NGAP

Ka ktien Adong ka la longdoh longsnam ha kajingsngewthuh u khasi. Kane ka jingsngewthuh ka la tuid ha ka snam jong u na kawei ka pateng sha kawei pat. Kumta u sngewthuh ba ia kaei kaei kaba la adong ka dei hi kaba la adong, u niew burom bad ri kyntang ia ka. Kumta ym ju don u tam 'ti- u tam 'jat u runar u ruser uba nud leh pyrshah ia kaba la adong. Kumta ngi lap, Ki khlaw adong ki neh ki sah kumba la buh khlem don ba lushia. Ka jingdon ki khlaw adong ha man ka shnong ka pynphalang ia ka rukom pyrkhath bad ka jingstad ki longshuwa.

KA DOR KI LAW ADONG: - Kine ki khlaw ki ioh ka bynta kaba khraw ha kaba pynjyrngam ia ki lum bad ki them ha kylleng ka ri khasi. Ha kine ki khyndiat phew snem, ngi ia kubur lang baroh ba ki khlaw ki btap ki la nang jah noh da ka jingpynduh jong u briew hi. Hynrei ka jingdon kine ki khlaw (adong) ka pyni phieng bad shongkun ia ki lum, ki it ki kyntong jong ka Ri. Dei kane ka jingpynkup burom ia ki lum kaba kyrsoi ia ka jingpyrkhat ba myllung tam jong ki nongrwai bad pynthylleng ia ki jingpyrkhat baiar ia ki 'riew pyrkhath bad rah sha ki jylli ba kham iar bad kham sha jrong ia ka bor pyrkhath u briew da ka jingiohi ia ka jingitynnad ka mariang.

Nalor ka jingpynitynnad ia ka mariang, bad pynishongkun ia kito ki jaka ha kiba don ki khlaw adong. Ki don shibun ki jingmyntoi kiba kine ki khlaw ki pynioh. Ha kane ka jingthoh namar ba ka jingiakren hangne ka dei ia ka kam ri ngap, ngin ia peit ia kane ka phang.

Ka khlaw adong ka don bynta kaba khraw ha kaba kyntiew ia ka kam ri ngap (bee keeping industry). Ha kano ka rukom.

1. Ha ki khlaw adong, namar ba ym lah ban pomdieng, pom siej, bad thait jyrmie, bad wat ki niut tlang niut lyiur baroh ki sah kum ka jingbuh tyngkai. Kumta na ki khlaw adong u ngap u ioh bun jait ki syntiew. Nalor kata, u ioh syntiew ha ki aiom baroh jong ka snem. Kane ka long namar ki jait dieng kiba phuh ha la ka jong ka jong ka por ki don kyrhai.

2. U ngap u don ka jingshngain ban leit rong syntiew na ki khlaw kiba rben. Lada phi don por ban ap ha phyllaw ksing ngap, phin iohi wat haba la jan sep sngi ki mih na ksing. Bunsien kine ki ngap ki sahmiel ha khlaw. Haba ki thiah miet, ki rieh ha ki sla dieng. Nalor kata, ka khlaw rben dieng ka long kaba shngain ia u ngap ban thiah miet, kam dei kum ha ki sailung ba bun tang u phlang u kynbat, u kdait u lynnai.

3. Ki khlaw ri tyngkai ki iarap ha kaba pynneh pynsah ia ka um. U ngap u donkam shibun ka um. Lada phi don por ban ap ia u ngap ha phyllaw ksing, phin iohi ba ki don ki ngap kiba rong syntiew. Ki bun pat kiba rung khlem rong syntiew. Kine ki dei kiba rong um. Ka jingkit kaba khia eh ka dei ia kine kiba kit um. Ki jaka ri jrong ki long bunsien kiba duna um. Kumta ka jingdon ki khlaw adong ka pynioh um.

4. Ki umjer: - Ki khlaw adong kiba don ha ki ri jrong, ki iarap ban pynjur ia ka umjer ha ki sawdong sawkun jong ka. Khamtam eh ha ki bnai synrai bad bnai tlang. Ka umjer ka dei ka um kaba kordor eh na ka bynta u ngap. La ju tip paidbah ba ka ngap synrai ka long kaba bha tam. Ka daw jong ka jing bha ka ngap dei namar ba u ngap u ioh ban rong syntiew kiba snoh rben da ka umjer.

5. Ki law ri tyngkai ki pynsyaid ia ka jaka: - U ngap u donkam eh ia ka jingsyaid khamtam eh ha ka por tlang. Ha kito ki

jaka kiba ka kynjang na sla duriaw ki la poi sha ka 1700 meter don bun ki ngap kiba iap khriat ha ka por ba daitthah eh ka tlang. Ha kine ki jaka u ngap um ju nud ban mih na ka ksing dang step phyrngap. Ha ki step ba jur eh ka jngkhriat u sdang mih na ksing haduh 8 baje ne 8:30 mynstep. Hynrei la shem ba ha ki jaka ba rben khlaw, ka kham syaid. Kumta ka iarap shibun eh na ka bynta ka kam ri ngap.

KA JINGPYNDUH IA KA MARIANG KA KTAH JUR IA KA KAM RI NGAP

Ka jingmanbha jong u ngap bad ka jingroi jong ka kam ri ngap ka shong lut ha ka jinglong ka mariang. Haba la nurom ka mariang ka kam ri ngap ruh ka troin. Haba puh ba phieng ka mariang, ka kam ri ngap ka khie rasong.

Ha kane ka lynnong ngin ia peit ha kano ka rukom ka jingpynduh ia ki khlaw ki btap ka ktah ia ka kam ri ngap. Ha kane ka jingiakren ngin shim tang kum ka jingkynthoh ia ki lai jait ki rukom pynduh ia ki khlaw ki btap bad kumno ka ktah ia ka kam ri ngap.

1. Ka Rep Jhum: - Ka ktien Jhum kam dei ka ktien Khasi, hynrei ka ioh ban wan bsut ha ka ktien Khasi lehse ha ki snem 1939 -40 na ka ktien jong kiwei pat ki riwlum ba narjan. Ka rep Jhum ka kynthup ia ka **rep Shyrtie**, ka **Thangram**, ka **Rep bun** bad ka **Rep tih kdait**. Lada iakren ia kine ki jaid jingrep, ki don bun ki phang bah ban ia tuklar. Hynrei hangne ngin shim tang ia ka bynta kaba ktah ia ka kam ri ngap.

Haba rep jhum, la pom bad khet lut ia ki niut ki nier ki dieng ki siej baroh. Ka shimpur haduh shiphew ne khadsan snem ba ki dieng kin heh biang. Kumba ngi tip ka jingbha jong u ngap ka dei na ka jingioh pahuh ia ki syntiew na ki khlaw ki btap. Ha ka rukom rep jhum ki nongrep kim lah ban ap haduh ban da long ri iaw ki khlaw. Tang kumba 10 snem la wan biang sa kawei ka kylla rep ia kajuh ka khlaw. Bun na ki dieng ki ba dei ban puh syntiew, kam pat dei por ia ki ban puh, hynrei ki nongrep ki la dei ban pom noh ia ki. Nalor kata, ki don bun ki jait dieng kiba ju don mynshuwa. Hynrei

haba la shu iai pom, ki duh jait syndon. Kane ka khate jur ia ka jing ioh syntiew jong u ngap.

2. Kaba ar pat, ka jinpynduh ia ki khlaw ri tyngkai. Kine ki kynthup ia ki khlaw adong. Ki khlaw Lyngdoh ne Law Kyntang, ki kshap, ki Law shnong etc. Ha kine ki khlaw ri tyngkai, ngi la ban ong ba la lum thup ia ka spah mar khlaw, ki dieng ki siej, ki kynbat, ki niut ba kordor bad kiwei kiwei. Ki long ruh ki jaka shong shngain (natural habitat) jong ki sim ki doh, ki mrad ki mreng, ki ngap lwai.

Nalor kata, ki jait dieng ha la ki rong bapher, ki puh paidbah ha kine ki khlaw ha ki saw samoi jong ka snem. Haba peit naduh na jingai, kine ki khlaw ki don ia ka maia ba iphieng namar ka jingdon jong kine kiei kiei. Kine ki khlaw ki long da shisha u sup u thiar ki jingham jong u ngap u lwai.

Ia kine ki khlaw laniewia la niew kyntang kum ka spah nongkynti (Institutions) jong ka Kur bad ka jait bynriew. Hynrei ia kane ka rukom pyrkhat, la iuhroit mynta khlem da don ka jingsngewrem ban khet ban pom ia ki.

Kane ka jingpynduh ia kine ki khlaw ri tyngkai, ka la sdang shen hadien ba la ioh jinglaitluid ka ri, kata hadien ka snem 1947. Kum ban shu ariwei ar ki nuksa.

Ia ka khlaw U Lum Shyllong la sdang ka jing pom dieng ha ki snem 1948 da kaba sdang na kaba ki ong "Ka Thinning" bad ban pom tang ia ki dieng "Syang Kharang". Ia ka khlaw Ri-eh ki Mawdkhap ha Mawkabor la sdang pynduh ha ka snem 1950. Ia ka jong ki Nongbri kaba don ha U Lum Lyndet jingieit ruh la pynduh ha ki snem 1949-50. Ia ka Ri-eh Mawkyntung ruh dei hadien jong kito ki snem. Haba phai sha ki khlaw ri Tyngkai sawdong U Lum Shyllong ruh, ka dei ha ki snem 1948-49, kum ka Law Lyngdoh Nongpiur, ka Pyrda Nongumlong, ka Krem Marai, ka Ri-eh Khadar Mer etc.

Ka jingthang pluh ia ki khlaw ki btap ka dei ka kam pynjot kaba runar eh. U khasi u don ia la ka Culture kaba naduh hyndai kulong kumah kumno ban sumar ia ki khlaw ki btap na ka jingpluh ding. Kumta u buh ia ka mynsain, u don ia ka Sainding kaba da don da ka dustur. Hynrei ia kane ka Culture ruh la iuhroit naphang mynta.

Ka jingduh ka mariang na ka pluh ding ka long kaba ym lah khein dor shuh. Hangne ngin ia peit khyndiat kumno ka ktah ia ka kam ri ngap. Kiba bun eh ki jait dieng, ki phlang ki kynbat, ki niut lyiur bad kiwei kiwei, kip huh syntiew ha ki bnai synrai. Haden ba la phuh syntiew, ki symbai ki hap ha ka khyndew bad ki ap jar-jar ha khyndew haduh ban da wan ka aiom syaid bad ka aiom slap. Kumta ba ki phniang jong ki kin mih ha ka khyndew.

Hynrei ha ka por tlang bad por pyrem ba rang tyrkhong, la thang pluh ia ki khlaw ki btap ki lum phlang bad lum khlaw. Kaba mih nangne ka long ba bun na kine ki symbai ba kordor ki la ingkhong khait. Ha kane ka rukom ka jia man ka snem haduh ba ki don bun ki spah mar khlaw kiba la nangduh noh. Ki jait syntiew kiba u ngap u ioh ban lum jingbam, ki la nang duna. Kumta kane ka ktah jur ia ka jingbha jong u ngap bad ia ka jingroi ka kam ri ngap.

KA KAM RI NGAP BAD KA THAW KA WET (Handicrafts)

Ka kam ri ngap ha Ri Khasi ka long naduh hyndai kulong kumah ka kam ri ngap ka dawa ban don ki jingdiang kiba kham kyrpang ban buh ia ka ngap kynthup ia ka um ngap ka rew, u khun bad ka ja ngap. Haduh ki snem 1912 ha Kshaid (Khadar shnong) dang don ki nong ri ngap kiba buh ia ka um ngap ha ki tyndong ruh. Ka daw ka long ba kim don ki jingdiang kumba ngi don mynta kum u khiew ki tin etc.

Hynrei namar ba ka jingtnei ka long kaba dawa eh ban don da ki jingdiang kiba biang, k d, lane uba ki leit kem na la ka jong ka sympa, uto uba soh ha ki dieng, ki synrangmaw ne tyngkhap maw, ki dei ban thep ha ka ruh ngap.

Ia ka ruh ngap ki da shne bha, kaba itynnad kaba wandur bad kaba heh kat ban biang u ngap shi kmie (One colony) ban ngiam hangta. Ia ki jait kriaah baroh ki ju pynphai u khyrwet shabar bad ka liang khyllieng ka phai shapoh. Hynrei ia ka ruh ngap, ka liang khyrwet ka phai shapoh katba ka liang khyllieng ka paw shabar, ki leh kumne khnang ban ym don ka bynta ka ban ot ne thar ia u ngap namar ba u khyrwet u jlih bha. Hynrei kane ka jingpynphai lyndang ka dei tang ia u jongdang katba ia u jongthain pat ki thain pyllup, tangba ki da khud syrti. Ia ka jingtap ruh ki thaw kaba pyllon lyngsoin bad itynnad, ka rangdang ruh kaba da wandur bha.

2. **Ka Wahdiang:** - Ia ka Wahdiang la shna khnang na ka bynta ban thep ngap, ban Khai lwai bad ban thep um ngap ban leit die sha iew. Kitei ki lai tylli ki dei ki jingthmu ba kongsan ba la thaw ia ka wahdiang. Ia ka jingheh jingrit ka shong kat kum ka jingdonkam.

Ka jingshna: - la ka wahdiang ki thaw da u skhen uba la lawjem ryntih bad pyndonkam tang da u khyrmet. Ym ju pynsap khylllieng. Ka jingheh jingrit jong uwei pa uwei u jingdang ki ryntih lut bad u jingthain ruh kumjuh. la ka jingwai ruh ki da pynpyllon ryntih na sdang ha kut, u jingkyrwiang ruh uba la khud bha bad ia u jingsut kham bunsien ki sut da u thri.

Haba la dep ban thaw, ka bynta kaba sah ka long kaba donkam tam. Ban lape ia ka, ki leh da ki thit ba ioh beit na ka mariang. Ki jait thit ki don bun jait, kum ka thit jri, ñiangmuin, thit slang, thit milieh, bsiang etc. Hynrei na ka bynta ka wahdiang, kaba bha tam ka dei ka pling jri lane ka pnur kaba khlem sain.

Ban leh ia kane, ka dei ka kam kaba shim shibun ka por bad kaba shitom, ka kham shitom namar ba dei ban leh na sdang ha kut halor diengjri hi. la ka jri ki oh da ka wait, mar ia mih ka pling ki pynjaw ha ka Wahdiang. Khnang ban kham kloi, ki oh ia ka jri – kjup bad phu ha ka wahdiang, ki iai leh kumne – kjup-phu, kjup-phu haduh ban da tap lut da ka pling. Kawei ka buit ban kham ioh bun ka pling, ki bam kwai khah khah khnang ban mih bun ka umbiah. Kumta ba ka jinglape ka long tang ka pling jri bad ka um shrah kwai.

Da kaba leh kumne, ka thit ka tap lin ia ka wahdiang haduh bym don shuh i bynta ba la iehnoh khlem lape. Da kaba leh kumne, ka thit kam ju um wat lada shit sngi katno katno. Haba ka la biang ban pyndonkam, lah ban buh ia ka um ruh ha ka wahdiang.

U LWA la u Lwa la thaw tang da u thri. Une u kham heh shibun ban ia ka wahdiang. Ka jingthmu ka long ha ka jingshisha ban buh kiad. Hynrei ki nongri ngap kiba la ioh bun ka um ngap, ka biang eh ban buh ha u lwa. Haba ki leit die ngap sha iew, ki kit tang shi wahdiang. Kumta na ka shi lwa lah ban ngiam haduh saw ne san wahdiang ka um ngap. la u lwa ruh, wat la ki thain da u ri met, hynrei na ka bynta ban lape, ki leh ha ka juh ka rukom kumba leh ia ka Wahdiang.

KA KAM RI NGAP KUM KA LAD PYNIOH KAM

Ngi im ha ka juk kaba ka jingstad bad jingtip jong u briew ka la roi palat liam ha ki liang baroh. Ka jingroi ruh ka long kaba sted haduh katta katta. Hynrei hapdeng kine ki jingroi baroh kiba ngi iohi kat shaba phai, ka long pat ka por kaba u briew u im ha jingtieng, jingsyier bad ka jingkhuslai. Ki samla ki syier na ka bynta ka lawei ka kam ka jam jong ki. Ki kmie ki kpa ki khuslai na ka bynta la ki jong ki khun la kin ioh kam ioh jam ne em. Ha ka imlang ka sahleng ruh ka don tang ka jingshong syier namar bym don satia ka jingshngain namar ki juh ki daw. Na ka liang ki bor synshar ruh ki shem jingeh da kumno ban pynioh kam ia ki samla. Uwei na ki dieng kot da uba ngi lah ban thew ia ka lynter bad ka kynian jong ka jyangkyrduh kam dei ka kteni kaba ki nongwad kam ki leit buh kyrteng ialade. "Ka Employment Exchange" Kumba ka long mynta palat 33,000 (laiphew lai hajar) ngut kiba leit register khnang ban ioh kam iohjam.

Ha ka jylla Meghalaya ngi la pdiang ia ka jingkhein briew kaba pyni ba phraphew na ka shispah ki dei kiba im ha ki nongkyndong (Rural areas) Hynrei mynta ka jingwan tuid (influx) ki briew na nongkyndong sha Sor ka long kaba khlem kut trai shuh. Ka daw ka long namar ba ki iohi ba ki kham don ki lad trei kam ha ki jaka Sor. Ha ka jingshisha ki don bun ki kam kiba ki nongrep ki lah ban trei kum ki kam bynrap nalor ki kam ban rep. Kawei na kita ka dei ka KAM RI NGAP.

Ka kam ri ngap ka long ka jait kam kaba iadei bha na ka bynta kito ki bym shym iohlad ban leit skul. Ka long kaba iabiang bha ruh na ka bynta kito kiba la pass ia ka kyrdan jingpule.

Ka kam ri ngap ka dei ka jait kam ka bym da dawa eh ia ka seng kaba heh. Lah ban sdang ri ngap tang khyndiat ksing kum ka jingsdang. Tang hapoh khyndiat snem, lada trei minot kan nang roi, sted.

Na ka bynta ki samla kiba la pass ha ki kyrdan jingpule, ki don ki lad ban nang ioh leit training ban kham pynjanai ia ka kam.

Ka kam ri ngap ka long kaba iadei bha na ka bynta ki kynthei ruh. Ha ka jylla jong ngi lehse haduh mynta ym pat don ki kynthei kiba ri ngap, Hynrei ha kiwei ki jylla jong ka Ri India, ki kynthei ki la ia mih ban trei ia ka kam ri ngap. Ki kynthei namar ba ki don ia ka sap longkmie u ngap ruh un sngewtynnad bad juh bha. Ki samla kynthei kiba don ha ka jingpule ki lah ban leit ha kane ka lain.

Ka kam ri ngap ka kyntiew ia ka ioh ka kot: Ka kam ri ngap ka dei ka jingtrei kaba myntoi. Ka Aiom khlawngap ne khlongngap (extract) ha Ri Khasi ki ju leh arsien - ka ngap synrai bad ka ngap pyrem. Haba khein ia ka jingmih kaba shu pdeng (average) na ka shiksing u mih kumba kumba 10kg. Ka dor die kat kum ka por mynta u ngaprew Rs. 80/ - shi kg bad uba la dep jiar Rs. 130/ - haduh 150/ - shi kg. Ia ki nongri ngap la ju buh ha ki lai/kyrdan. Ia kito kiba ri hapoh 15 ksing la ju ong ki nongri ngap kiba rit. Kiba ri hapdeng 15 haduh 30 no 40 ksing kiba pdeng. Kito kiba ri 50 haduh 100 ksing la niew ba ki dei ki nongri ngap radbah.

Kitei ki lai kyrdan nongri ngap, kiba bun eh ki dei kidei ki bym nang pule nang thoh. Lada ki samla jong ngi kiba la ioh jingpule lei lei kin shim ia kane ka kam da kaba **mut rangbah** kin sa lah ban kham trei radbah shuh shuh.

Ngi la ia kren sha khmat ba ka don ka jingphet wad kam kaba jur jong ki briew na nongkyndong sha ki jaka sor. Ha ka ri Khasi-Jaintia ngi don kumba 2848 tylli ki 'nongrit (villages). Ka kam ri ngap ka dei ka jait kam kaba pynioh jingtrei ha la shnong. Lada ki samla ha la ki jong ki shnong kin shim ban trei ia kane ka kam lada 10 ngut shishnong, lada 200 tylli ki shnong ngin ioh ki nong ri ngap thymmai haduh 2000 ngut.

KI SAP BA KHAM KYRPANG U NGAP

Kawei kaba pynpyrkhat hangne ka dei ia kawei ka jingshisha ba u ngap u dei u jingri uba pher na kiwei pat ki jingri. Haduh mynta la lap ia ki katto katne ki jinglong jong U.

(1) Uno uno u briew uba la tuh ngap shisien, um dei shuh ban kwah ri ngap, namar ba un ym treh shuh ban shong bad u briew uba la tuh ngap shisien.

(2) Kawei pat kaba sngewphylla ka long ba u ngap um shah ban khlaw ngap (extract) u briew uba buaid, U isih ia u nongdih.

(3) U ngap u lah ban tip lypa ia ka snem ka ban sa wan, la ka dei, ka snem ka ban rang ryngkhiang lane ka snem ka ban 'nem jem' ki nong ri ngap, la la lap ba lada dei ka snem ka ban nem jem u ngap u met bha

(4) U dom bad u jemnud dei por - U ngap u dom eh ha ki bnai pyrem. Ka daw ba kongsan eh ka dei ka jingshit sngi pyrem. Ha ka por synrai pat u jemnud jai jai kumba long ka sngi Synrai. Ha ka por Tlang ruh u dom. Ha ka por shiteng sngi ruh u dom.

(5) U ngap u long uba trei shitom palat ia kiwei pat. Na ka bynta ban leit wad jingbam u hap ban sah miet sha ki khlaw ki btap. Haba la lap ka miet ka iong, bunsien u ju thiah miet hapoh ki sla dieng. Hynrei u tip pat ban sumar ia lade, u leh kumne dei tang ha ki aiom ba rang ka bneng. Um ju tur iap ia ka slap ka lyer.

(6) U ngap u boi tang - tang ia u juh u jait syntiew ha ka shisien lum jingbam, um ju boi pyniakhle na uwei jait syntiew sha uwei pat.

(7)U ngap u long u nongiarap ia u nongrep. Ju iohi ba haba la sdang phuh ki soh bad ki jingthung ba bun jait, haba la wan boi u ngap, ki sei soh bha, ki nongrep piskot ki ju ong, kat bym pat wan boi u ngap, u piskot wat la u la thylleng ruh, hynrei ki shu hap noh. Hynrei haba u boi u ngap, ki la soh bha. Kumta ka long ia kiwei kiwei ki jingthung ruh

(8)U Ngap u ieit ia u trai uba jemnud bad sbun mynsiem. la uba domriang um ju sngewtynnad

(9)U ngap u sngewthuh ia ka jingkren u kynrad jong u.

(10) Ha shwa ban phet noh u da pyni dak, um treh leit bri.

KA NGAP KUM KA MAR KHAII KA RI KHASI.

Ka ngap ka dei kawei na ki mar khaii kiba ka Ri Khasi ka shalan shabar naduh hyndai hynthai. Hynrei namar ba ym don ki jingthoh lane ki record ha ki jingthoh ngim tip ei ei shuh ia ka mynnor. Hynrei la kumta ruh, don katto katne ki syrwet hangne hangtai. Ha ka jingthoh jong Bah W.Lining Lyngdoh, Director Economics & Statistics, Meghalaya kaba l ai ha kawei ka seminar "U HYNNIEW TREP- KA JINGROI" Ha kane ka paper l la ia ki mar Khaii jong u Longshuwa kaba naduh ka snem 1876-77 Kumne:-

Quote, "Estimation of Exports from the Khasi and Jaintia Hills for the year 1876-77"

ESTIMATE OF EXPORTS' FROM THE KHASI AND JAINTIA HILLS FOR THE YEAR 1876-77

ARTICLES	RATES OF VALUATION	WEIGHT OR NUMBER	VALUE
			Rs
Tezpat or bayleaves,		26 000 maunds	65 000
Betal nuts and panleaves			95 600
Black pepper,	1 8 per mound	1 00 maunds	9 000
Boats,			7 000
Cinnamon	4 0 per mound	90 0 maunds	3 600
Chillies,	2 0 per mound	2 600 maunds	20 800
Cotton	6 0 per mound	36 000 maunds	216 000
Fruits (jack and lime)			2 600
Garlic,			3 100
Hides			1 200
Honey,	15 0 per mound	3 20 maunds	4 800
Indo-amber	40 0 per mound	200 maunds	8 000
Iron implements,			7 000
Limestone	300 0 per 1000 maunds	1 600 000 maunds	480 000
Oranges,	12 0 per 3000 maunds	19 400 000 No	37 600
Potatoes,	2 8 per maunds	200 500 maunds	501 250
Pine-apples,			8 000
Stick lac	20 0 per maunds	5 000 maunds	100 000
Timber, bamboos, And canes,			30 000
Turneric,	2 0 per maunds	700 maunds	1 400
<u>Bees - wax,</u>	55 0 per maunds	26 maunds	1 430
TOTAL			1,603,530

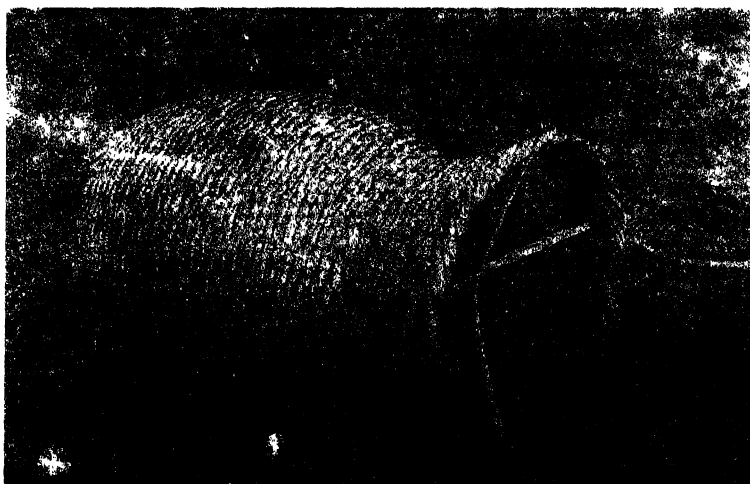
Ha katei ka jingthoh ngi iohi ba ka jing shallan ngap na Ri Khasi ha katei ka snem 1876-77 ka kot sha ka **320 mon** bad ka dor shi mon ka long Rs. 15/- tyngka. Ka bthing pat **26 mon** bad ka dor Rs. 55/- shimon.

Mynta ngi la iaidd sted ha ka jingnang jingstad. Hynrei imat kam pat don ka jingpynbeit ryntih ban lum jingtip ia ka jingpynmih ngap na la ka jong ka Ri. Kumta ka jingtip ki shu long saphret saprong. Kumta ym lah ban ioh jingkhein ia ka jingmih ba pura na Ri Khasi – Jaintia. Ha kaba nga la ioh ban lum na ka Khadar Shnong, ka jingpynmih ngap tang na ka thain Khadar Shnong (Khadar Shnong Areas) kam duna ia ka **4 (saw) ton** shisnem shisem.

Ha ka Ri India baroh kawei kat kum ka jingkhien ba la ai da ka KHADI AND VILLAGE INDUSTRIES COMMISSION kaba la pynmih ha ka Journal “Jagriti” ka issue January 16, 1991, ka iathuh ba ka jingpynmih ngap shisnem shisnem ha ka Ri ka long **8200 ton**.

Ka Ri Khasi-Jaintia ka long kaba la ioh ka jingkyrkhu kaba kham kyrpang ha ka jingdon ki spah markhlaw kiba kyrshan ia ka kam Ri ngap. Ka jinglong Mariang ha ka jingshit jingkhriet etc. ka long kaba biang eh na ka bynta kane ka kam. Kaba sah ka long tang na ka liang jong ngi ki nongshong shnong ban ym pynlehnoh ei ia kane ka jingkyrkhu.

**Dang leit wad ngap
sha khlaw**



Ka ruh kem ngap



Dang khlaw ngap ha Kongthong



Ka ksing ngap kaba la 50 snem ha Kongthong

Ki kot da u juh u nongthoh

3	Khasi Copy Book Book 3	- 1967
4	Khasi Copy Book Book 4	- 1967
5	Ki Sur Ha La Ri	- 1968
6	Ka Kot larap ia ka Khasi Poetry HSLC	- 1968
7	Ka Wahdiang Rim	- 1980
8	Ki jingtrei Bynrap ha Meghalaya	- 1985
9	Hangne tang ia u Siej 1st Edition	- 1987
10	Ki Dieng bad ka Culture jongngi	- 1988
11	Ma phi bad ki khun jong phi	- 1988
12	Ki Sim ki doh bad ki jingbam jong ki ha I um Shillong	1989
13	Kiba ngi khot Ja	- 1999
14	Hangne tang ia u Siej (Revised & Enlarge Edition)	- 1999
15	Ki Khlaw ki Btap bad ka kam Ri Ngap	- 2001
16	Ka Spah Mariang ha Meghalaya	- 2002

